

# Volunteer Role Profile

Volunteer Role	<b>Live Loud! Lead Volunteer</b>
Volunteer Manager	<b>Liz Morgan</b>
Where you will be based	<b>Community</b>

## Why we want you

Live Loud! is a group for people whose voices are affected by their Parkinson's. Over 80% of people with Parkinson's experience problems with their voice. Live Loud! offers participants the chance to practise their communication skills and build confidence, in a supportive environment.

Sessions are led by a small group of volunteers and run monthly in community venues across Wales. Also, two groups run only on Zoom.

Sessions follow an established framework which includes fun speaking activities such as tongue twisters, reading poems and doing role plays.

We need lead volunteers to drive the session planning process, making sure that support volunteers help shape the project. Lead volunteers set the tone for the sessions, making sure that everyone is warmly welcomed and gets the chance to speak as much as possible. All volunteers will be expected to challenge participants to speak loudly and clearly.

This role includes some data handling and you will be expected to complete Advanced Data Protection training. Full volunteer training and support will be given.

## What you will be doing

- Co-hosting or hosting Live Loud! sessions monthly
- Creating a slideshow to use during sessions
- Leading a team of support volunteers in planning, delivering and reviewing sessions
- Leading parts of the session and ensuring all support volunteers are encouraged to do the same
- Establishing a warm, friendly and relaxed atmosphere at every session
- Leading by example, speaking loudly and clearly
- Ensuring that everyone participates to the best of their ability and encouraging quieter members of the group to join in
- Carrying out monitoring and evaluation activities as required
- Assisting with volunteer recruitment and project promotion
- For face-to-face meetings, you will need to organise a venue and refreshments

## **The skills you need**

- The ability to lead a small team of volunteers, making sure everyone contributes and delivers part of each session
- Warm, friendly, empathetic, reliable and able to connect with people from a wide range of backgrounds
- For online sessions, good IT skills plus willingness to learn and use new technology, including Zoom or other video conferencing software
- Open to self-reflection and flexibility, so that you are constantly striving to improve the sessions
- Commitment to following the Live Loud! framework, so our participants have a consistent experience
- Good communication skills (verbal, listening, reading and writing) so that you can lead by example
- Good team-working skills because you will be collaborating with other volunteers, staff and people with Parkinson's
- To be committed to diversity and inclusion to ensure that your sessions are as effective as possible for all people with Parkinson's attending

## **What's in it for you**

- The chance to develop your leadership, teamwork and communication skills
- Do something useful and meaningful for people living with Parkinson's
- Meet new people and forge new friendships
- Increase your knowledge about Parkinson's and how to support people with it
- Witness participants grow in confidence
- Gain valuable work experience which could help your future career

## **Disclaimer**

All Parkinson's UK volunteers should complete our online induction. This vital information can be taken at your own pace and will introduce you to Parkinson's, the work of the charity and what you can expect when you volunteer with us - from support to resources. This role may involve access to information of a confidential nature, and we'll ask you to sign a confidentiality agreement. This role may involve handling personal / sensitive information about people affected by Parkinson's. You'll need to do Advanced Data Protection training to carry out your role and your Parkinson's UK staff contact can provide guidance on this.