

# Volunteer Role Profile

Volunteer Role

**Cafe Volunteer**

Volunteer Manager

**Local Networks Support Officer**

Where you will be based

**Community**

## Why we want you

People consistently tell us that meeting others living with Parkinson's is the most important support they want locally. Volunteers run Parkinson's Cafes to provide an informal way of doing just that for a couple of hours each week.

As a Cafe Volunteer, you'll support the Cafe Coordinator to help the monthly cafe run smoothly.

## What you will be doing

- Meet and greet attendees, keeping an up to date list of names
- With other volunteers, think of creative ways to add interest and value to the café sessions, such as arranging visits from relevant local health professionals
- Arrive early, helping to get the venue ready, and packing down as needed once people have left
- Help to serve refreshments, or show attendees where they can purchase theirs

## The skills you need

- Warm and friendly; you'll be a good communicator, open to working and interacting with a range of people
- Patient and empathetic, in order to deal with sensitive issues and topics
- Motivated and reliable in order to ensure the coffee sessions run smoothly

## What's in it for you

- You'll meet new people, forging friendships and connections in your area
- You'll be supporting your community, knowing that thanks to you people affected by Parkinson's have vital support
- We'll support you to learn more about Parkinson's, and you'll be able to develop your organisational and communication skills

## Disclaimer

As this role involves providing social or leisure activities for people with Parkinson's, you will be asked to enroll on the PVG scheme and have a criminal record check in line with Scottish law. We will make sure you have all the

information you need and take you through the PVG process.